



**BAUMAN
COLLEGE**

HOLISTIC NUTRITION
AND CULINARY ARTS

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NUTRITION EDUCATOR MATERIALS LIST

Supplied by Bauman College

Bauman, E.,	Nutrition Educator Handbook	\$175.00
Bauman, E.,	<u>Recipes and Remedies for Rejuvenation</u>	\$20.00
	Hydrion Paper (pH)	\$ 7.60
	DL Students only: <i>The Universe Within</i> . (1992) NOVA DVD	\$19.95

Total (regional sales tax will be applied) \$202.60 – CR / \$222.55 - DL

Independent Purchase

Lipski, E. (2004).	<i>Digestive Wellness</i> . (3 rd Edition). The McGraw-Hill Companies. ISBN-13: 9780071441964	\$18.95
Murray, M. (1996).	<i>Encyclopedia of Nutritional Supplements</i> . Crown Publishing Group. ISBN-13: 9780761504108	\$22.95
Murray, M. & Pizzorno, J. (2005).	<i>Encyclopedia of Healing Foods</i> . Simon & Schuster Adult Publishing Group. ISBN-13: 9780743480529	\$24.95
Parker, S. (2007).	<i>The Human Body Book</i> . DK Publishing Inc. ISBN-13: 9780756628659	\$35.00
Ross, J. (2000)	<i>Diet Cure: The 8-Step Program to Rebalance Your Body Chemistry and End Food Cravings, Weight Problems Mood Swings-Now</i> . Penguin Group. ISBN-13: 9780140286526	\$15.00

Students should have all required textbooks listed above before classes begin.

Online nutrition analysis software	\$25.00
Required for all enrollments which begin study after February 2010. Software should be purchased at the beginning of NE 103. Details will be provided in the classroom or by the Distance Learning Mentor.	

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